Abstract

Psychotherapeutic process with a mother who complained of not being able to love her child

NAGATA, Masako Nagoya University

In this study, I discuss the clinical data of a mother with severe bonding disorder with one of her twins which was gathered for longer than 10 years and examine the psychological therapy process. In this case, one of the twins was discharged late, which made childcare a burden and also made bonding difficult. In addition, the onset of postpartum depression at the same time further inhibited bonding. The mother experienced several psychologically stressful events during pregnancy and childbirth, and she experienced abuse in childhood. By collaborating with related organizations while she was in an obstetric clinic, I maintained the therapy framework and have consistently remained situated as an intermediary for mothers who could not accept their children. The therapist's survival in the relationship with the client has enabled the client to continue to survive as a mother.

Keywords: bonding, multiple birth, abuse, continuous support, survival