
ABSTRACT

On the dream courier

KUDO, Shimpei
Kyoto University

The subject of a dream was not explored when Freud elucidated that dream formation is a compromise between the id and the ego. Bollas discusses how the ego is the subject that sets the stages of dreams in its idiom, which is defined as ways of processing internal states. This paper focuses on a different aspect of subjectivity, through a case study of a woman in her thirties: who brought dreams into the process of psychotherapy. Her mourning work dreams of trauma had been conserved for a long time, and emerged in therapy when I was involved in her internal, transference relationships. At that time, she started to acknowledge her own feelings that had been maltreated in mocking ways, and started to seek a mother figure. Her old idiom was about to be changed into a new one, and the dreams seemed to be brought into the sessions as material to promote the transformation. The dream courier has hope of a new and/or a true idiom and it is considered as a work of the ego.

Key Words: dream courier, idiom, conservation, ego process, trauma
