# Annual Conference of the Association of Japanese Clinical Psychology

Yokohama, Japan, 25<sup>th</sup> August, 2014

Aliens, Alienists, and Alienation

Keith Tudor, PhD

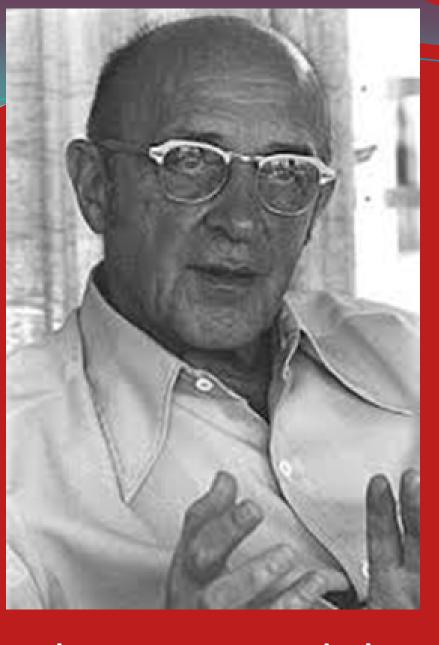






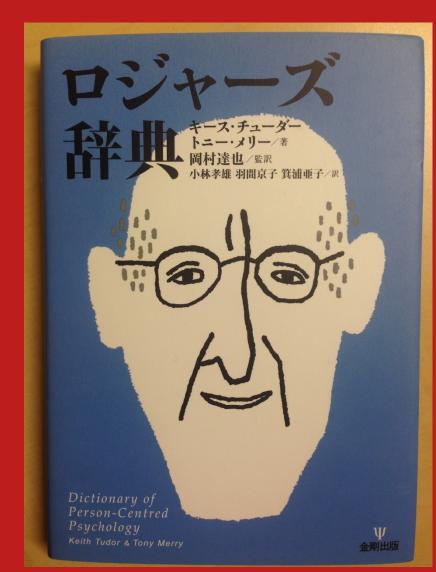
Fritz Perls (1893-1970)

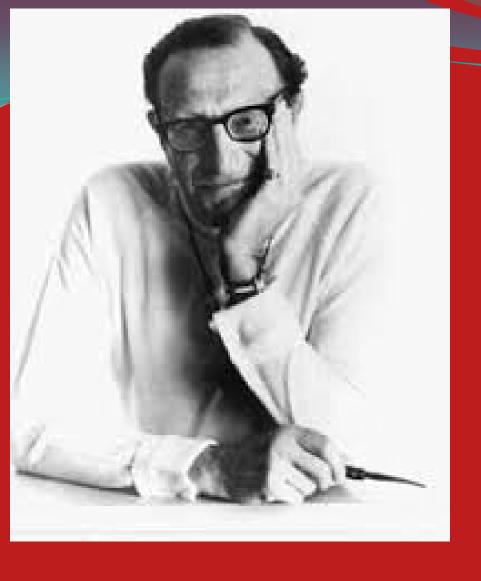
**Gestalt Therapy** 



Client-centred therapy

# Carl Rogers (1902-1987)





Eric Berne (1910-1970)

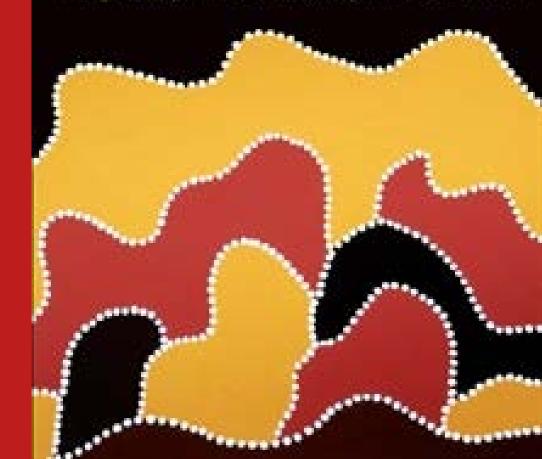
**Transactional Analysis** 



Raewyn Connell

# southern THEORY

The global dynamics of knowledge in social science



Connell (2008) has described Southern theory as informed by the view: "that colonised and peripheral societies produce social thought about the modern world which has as much intellectual power as metropolitan social thought, and more political relevance." (p. xii)

and argues that:

"Since the ground is different, the form of theorising is often different too." (p. xii)





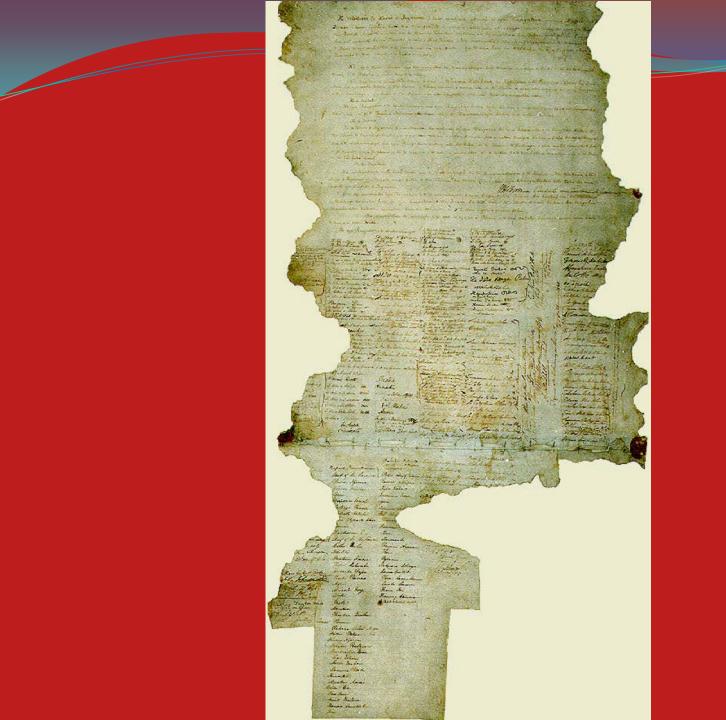








Treuddyn, Flintshire, Wales



#### Tudor





Ngā Wai o Horotiu AUT Marae



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John Tudor
                                        (17??-????)
                                 Joseph Tudor
                                 (1785-18??)
                          John Tudor
                          (17??-18??)
                   William Tudor
                    (1842-?1920)
             Arthur Tudor
             (1882 - ?1948)
      Leslie Tudor
      (1915-1990)
Keith Tudor
(b. 1955)
      Saul Tudor
      (b. 1993)
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Sheffield, UK



Titirangi, Manakau Harbour

#### Alienation

#### Marx

- From his or her relation to his or her product
- From his or her relation to his or her productive capacity
- From his or her relation to other people
- From his or her relation to our species

#### Roy

From our relations with the Earth

# Man's relation to his or her product

Alienated from our hands

Jobless

# Man's relation to his or her productive activity or capacity

Alienated from our bodies

Joyless

labour is external to the worker. Therefore he does not affirm himself but demies himself, does not feel content but unhappy, does not develop freely his physical and mental energy but mortifies his body and ruins his mind. The worker therefore only feels himself outside his work, and in his work feels outside himself.

(Marx, 1844, pp. 73-74)

## Man's relation to other people

Alienated from our feelings and minds

Joyless and mindless

# Man's relation to our species

Alienated from our feelings, minds, and spirit

Joyless, mindless, and spiritless

#### Man's relation to the Earth

Alienated from the land, and spirit

Landless, and spiritless

### From Alienation to Liberation

Alienation = Oppression + Mystification + Isolation

Liberation = Awareness + Contact + Action



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